

Candidate's Examination Number _____

THE REVOLUTIONARY GOVERNMENT OF ZANZIBAR

ZANZIBAR EXAMINATIONS COUNCIL

FORM ONE ENTRANCE EXAMINATION

112

CREATIVE ARTS AND SPORTS

TIME: 2.00 HOURS

MONDAY 05TH DECEMBER, 2022 P.M

INSTRUCTIONS TO CANDIDATES

1. This paper consists of **THREE (3)** sections A, B and C
2. Answer **ALL** questions in section A and B. Answer **ONE (1)** question from section C.
3. Write your Examination Number on each page.
4. Write all answers in the space provided.
5. Use a blue or black pen in writing.
6. Cellular phones and unauthorized materials are not allowed in the examination room.

FOR EXAMINER'S USE ONLY		
QUESTION NUMBER	MARKS	SIGNATURE
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TOTAL		
CHECKER'S SIGNATURE		



This paper consists of 14 printed pages

SECTION A: (35 Marks)

Answer ALL questions in this section.

1. Choose the correct answer and write its letter in the table below.
 - i. Which of the following is most important in rescue operations?
 - A. Plastic raft, life jacket, raft, buoy, large wooden boat
 - B. Life jacket, life raft, large wooden boat, speed boat
 - C. Raft, life buoy, life jacket
 - D. Rafts, large fiberglass boats, buoys, coats
 - ii. Which of the following is a symptom of a person who is broken in sports?
 - A. Dehydration
 - B. Bleeding
 - C. Sweating
 - D. Severe pain
 - iii. Which of the following equipment is important in swimming?
 - A. Long poles, buoys and long ropes
 - B. Long ropes, woods and hats
 - C. Buoys, long ropes and masks
 - D. Swimwear, buoys and shoes
 - iv. The correct clothing that a chef should wear is
 - A. T-shirt and jeans
 - B. Shungi and baibui
 - C. White coat and hat
 - D. kanzu and cap
 - v. Short relay races are run over a distance of how many meters?
 - A. 100 x 1
 - B. 100 x 2
 - C. 100 x 3
 - D. 100 x 4

- vi. An important ingredient used in frying food is
- A. Cooking oil
 - B. Warm water
 - C. Cream coconut milk
 - D. Light coconut milk
- vii. The winner in the sports league is the one who gets more points than the other one but the winner of the match is the one who
- A. plays the most matches
 - B. wins the match played
 - C. draws in the match
 - D. gets assistance in the match
- viii. The following are the effects of dehydration **except**
- A. Body stiffness
 - B. Fainting
 - C. Lack of body energy
 - D. Sweating a lot
- ix. How many rules does a football referee have to manage and interpret in practice?
- A. 16
 - B. 17
 - C. 18
 - D. 21.
- x. The following are the main principles used by the entrepreneur in increasing his income **except**
- A. Customer care
 - B. Marketing
 - C. Capital
 - D. Electronic receipts

ANSWERS

i	ii	iii	iv	v	vi	vii	viii	ix	x

- 2 Match the first aid equipment from **LIST A** with their correct functions in **LIST B**. Write the letter of the correct answer in the table below.

LIST A	LIST B
i. Bandage	A. To protect oneself against disease transmission
ii. Medicine	B. Pain relief
iii. Gloves	C. Killing various insects
iv. Scissors	D. Cutting solid things
v. Plaster	E. Dressing the victim's wound
	F. Keeping cotton or cloth placed on the wound
	G. Cutting a bandage or a cloth for dressing the wound

ANSWER

i	ii	iii	iv	v

3. Write **TRUE** if the statement is correct or **FALSE** if the statement is incorrect in the table below.

- i. The dining table is suitable for playing table tennis.
- ii. Traditional dances maintain and develop foreign traditions and customs.
- iii. Sugar, powdered salt, cotton and water are some of the tools used for first aid.
- iv. After sports or intense training, the athlete needs to cool down the body by drinking very cold water.
- v. A good cook is one who studied at university.
- vi. An injured person is the one who has got an accident.
- vii. Fishing is one of the most reliable activities in the concept of blue economy in Zanzibar.
- viii. "ZFF" is the abbreviation of the Zanzibar Football Federation.
- ix. One of the benefits of swimming is reducing the risk of diseases such as obesity.
- x. Earrings which are made using coconut shells are not compatible with the culture of Zanzibar.

ANSWERS

I	ii	iii	iv	v	vi	vii	viii	ix	x

4. Fill in the blanks by writing the correct answer.
- i. First aid is the aid given to _____ before being taken to the hospital for further treatment.
 - ii. Among the stages of cooking food are _____ and _____
 - iii. Middle distance races include the _____ and _____ meters.
 - iv. A handball court has _____ meters long and _____ meters wide.
 - v. The fishing tool that is not acceptable is _____

SECTION B: (45 Marks)

Answer ALL questions in this section.

5. Explain the following concepts as they are used in Arts, Creative and Sports:-

i. An entrepreneur

ii. Trunk

iii. A cook

iv. Frying

v. Baking

vi. Swimming

6. a) Name three (3) roles of poems in the society.

- i. _____
- ii. _____
- iii. _____

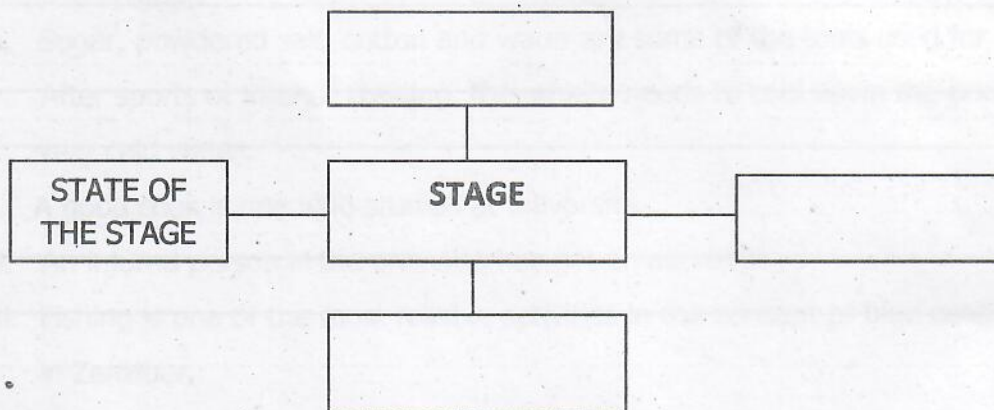
b) Describe three (3) characteristics of poems.

- i. _____

- ii. _____

- iii. _____

c) Complete the following diagram by writing things to be considered when preparing a stage.



7. a) What is entrepreneurship?

b) Describe three (3) main types of entrepreneurship found in Zanzibar.

- i. _____

- ii. _____

c) Describe three (3) benefits of entrepreneurship.

- i. _____

- ii. _____

- iii. _____

8. a) Briefly explain about a play.

b) Name three (3) characteristics of a play.

- i. _____

- ii. _____

- iii. _____

c) Write three (3) steps that you will follow to create the best play.

- i. _____

- ii. _____

- iii. _____

9. a) Briefly explain the concept of "coconut shell".

b) Briefly explain how you can find a coconut shell for your curving use?

c) Explain three (3) important steps to follow when making a hair clip by using a coconut shell.

- i. _____

- ii. _____

- iii. _____

SECTION C: (20 Marks)

Answer ONE (1) question in this section.

10. During the Educational Athletics competition "Cross Country" of 2022, one runner fell suddenly, the signs showed that he lost much water and salt in his body. Explain five (5) steps that should have been taken to help the runner before taking him to the hospital.
11. Imagine you are a student who had the opportunity to join the college that raise entrepreneurs. Among the things you were taught are the main principles of entrepreneurship. Educate other entrepreneurs by explaining five (5) principles of entrepreneurship that will enable them to achieve their goals.
12. Cakes are among the most popular snacks in various activities including weddings and meetings. As you are a designer who decided to be self-employed in the preparation of snacks. Explain the steps you will follow in preparing a cake that will impress your customers.

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