# THE REVOLUTIONARY GOVERNMENT OF ZANZIBAR ZANZIBAR EXAMINATIONS COUNCIL FORM ONE ENTRANCE EXAMINATION

# 112 CREATIVE ARTS AND SPORTS

TIME: 2:30 HOURS THURSDAY 2<sup>ND</sup> NOVEMBER, 2023 P.M

### INSTRUCTIONS TO THE CANDIDATE

- 1. This paper consists of THREE (3) sections A, B and C.
- 2. Answer ALL questions in Section A and B. Answer ONE (1) question from section C.
- 3. Write your Examination Number on each page.
- 4. All answers must be written in the space provided.
- 5. Use a blue or black pen in writing. The diagrams must be in pencil.
- 6. Cellular phones and unauthorized materials are not allowed in the examination room.

FOR E	FOR EXAMINER'S USE ONLY					
QUESTION NUMBER	MARKS	SIGNATURE				
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
TOTAL						
CHECKER'S SIG	GNATURE					



This paper consists of 10 printed pages

# **SECTION A: (35 Marks)**

# Answer ALL questions in this section.

1.	Choo	se the correct answer and write its letter in the table below.							
	i.	Athletics sports include							
		A.	. jumping, running and swimming						
		B.	running, throwing and jumping						
		C.	C. swimming, running and throwing						
		D.	throwing, swimming and jur	mping					
	ii.	Carp	entry is one among the metho	ds which h	elp people to				
		A.	waste time	В.	get money				
		C.	help people their works	D.	make journey				
	iii.	Which tools are needed in preparation of ugali?							
		A.	water, fire, dish, maize flour and wood spoon						
		B. hot water, maize flour, dish, butter and spoon							
		C. water, wood spoon, cup, salt and maize flour							
		D.	wood spoon, maize flour, fir	e, cup and	spoon				
	iv.	One	among the basic fundamental	of entrepre	eneurship is				
		A.	business man	В.	entrepreneur				
		C.	capital	D.	transport				
	V.		cue in water needs special equi pment <b>except</b>	ipment. Th	e following are among the				
		A.	raft	В.	rescue iron				
		C.	life jacket	D.	rescue Raft				
	vi.	One	among the following is not tr	aditional da	ance				
		A.	dumbak	B.	msewe				
		C.	msondo	D.	zenji fleva				

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vii. Poem carry special characteristics that identifies it as a poetic work.

Which characteristics identifies that work?

- A. Uses of speaker
- B. Uses of special language
- C. Uses of drams
- D. Uses of violin

viii. Which type of literature is written in a style of characters' dialogue?

- A. dance
- B. athletics
- C. poem
- D. drama

ix. Raping drama is an example of drama that aims to show the society

- A. theft
- B. corruption
- C. harassment
- D. entertainment

x. The meaning of self-awareness is

- A. knowing others in the society
- B. understanding of communities
- C. self-understanding and community
- D. knowing each other's

### **ANSWERS**

i	ı	ii.	iii.	iv.	٧.	vi.	vii.	viii	ix.	X.

 Match the phrases from LIST A by choosing the correct explanation from LIST B as used in the topic of first aid in sports. Write the letter of correct answer in the table below.

	LIST A		LIST B
i.	Sign and symptoms of bone fracture	A.	Make sure your safety
ii.	Important step of giving first aid	В.	Strengthen body immunity
iii.	Loss of water and salts in the body	C.	Lack of vitamin A
iv.	Eating good nutrition	D.	Muscles cramps
٧.	Cause of fracture	E.	Strong pain and swelling
		F.	Drug addicted the user
		G.	Weakness of bones

## **ANSWERS**

LIST A	i	ii	iii	iv	V
LIST B					

- 3. Write **TRUE** if the statement is correct or **FALSE** if the statement is incorrect in the table below.
  - i. Exercising without resting leads to a decrease in the level of exercise performance of the athlete.
  - ii. Green pepper, carrot and cardamom are the requirements used to cook cassava.
  - iii. Trunks are used to make mortar and pestle.
  - iv. Market is not important resource for entrepreneur.
  - v. Backstroke swimming requires the swimmer to kick the legs like a frog.
  - vi. A good way to manage money is to keep it in Banking Institutions.
  - vii. Entertaining the characters and audience is one of the importance of drama.
  - viii. Poetry is a piece of text arranged in the order of verses.
  - ix. Stage preparation in a play does not require an environmental creation.
  - x. Protein foods are consumed by athletes in large quantities during competition.

### **ANSWERS**

i	ii	iii	iv	V	vi	vii	viii	ix	Х

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4.	Fill i	n the blanks by choosing the correct answer.
	i.	An entrepreneur is a person who can see different
	ii.	Bread powder must be mixed well in order to make the bread
	iii.	Tool is painted by after sculpturing in order to make it
		attractive.
	iv.	On the sea sector is the first priority.
	٧.	Immediate help given to an injured person before sending him to the
		hospital is known as
		Varnish, opportunities, rising, first aid, soft, hospital, safety
		SECTION B: (45 MARKS)
		Answer ALL questions in this section.
5.	a.	Explain the meaning of drama.
	b.	List down three (3) types of drama.
	C.	Write three (3) methods of preparing drama.

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No.	TOOL	USES
i.		
ii. iii.		
iv.		
V.		
vi.		

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8.	a.	Mr. Mkude is coming from Morogoro to Zanzibar so as to study competitive swimming. Explain how you can teach him three (3) principles of competitive swimming.
	b.	Briefly explain four (4) types of swimming.
9.	a.	What is the meaning of balanced diet?

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b.	List down three (3) types of food.
C.	Outline two (2) reasons of using drugs.
	SECTION C: (20 Marks)
	Answer only ONE (1) question in this section.
	e is increasing tendency of sexual harassment in Zanzibar. Explain four (4) of reducing sexual harassment.
due t	ibar national team was restricted in playing the east African final competition to the suspicion of using unaccepted drugs, after inspection the claim was ed to be incorrect. By using five (5) points, provide knowledge to the society se effects of using unaccepted drugs.
	a lacked the knowledge of preparing avocado juice. Explain five (5) steps she can follow in order to prepare that juice.

10.

11.

12.

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